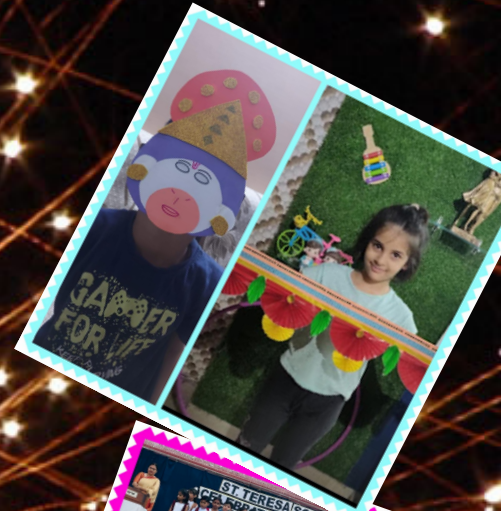




FESTIVAL VIBES ONLY



COORDINATOR'S DESK

Festivals are an expressive way to celebrate glorious heritage, culture and traditions. They are meant to rejoice special moments and emotions in our lives with our loved ones. They play an important role to add structure to our social lives, and connect us with our families and backgrounds we come from. They are a distraction from our day to day exhausting routine of life, and give us some inspiration to remember the important things and moments in life. Festivals were started to pass the legends, knowledge and traditions to the next generation.

Celebrating festivals and events in schools have become an integral part of learning and building a strong cultural belief in a child. An important day is remembered by a child only when he/she understands the significance of the occasion. Apart from classroom activities, we also celebrate festivals and events in order to familiarise the children with our country's culture and traditions.

Festivities help children to connect with their own traditions and cultural heritage. They are able to relate with their customs and beliefs. India being a diverse country, children need to know about the origin of each and every festival. These celebrations will help them to know more about our country.

Dussehra /Diwali being the major festivals of India, this seems like an appropriate moment to discuss the significance of festivals in a child's development. Symbolizing the victory of good over evil, the light over darkness, and hope over despair inculcate the strong values in the young minds.

Lastly ,I would like to conclude by saying that we are led on from the unreal to the real, from darkness to light, from death to immortality. These festivals transcend the time and take us forward towards a better tomorrow.

Ms. Mridula Mukhopadhyay



YOUNG VISIONARIES

I, Akshit Gupta, feel very proud to be the head boy of the Primary Wing of St. Teresa School, Indirapuram. When I came to know that I will be the head boy for this session, I was surprised but when I came to know more about this post, I was very happy and excited for it. On the day of the Investiture Ceremony, I was honoured with the batch and sash, which made my parents extremely happy and proud. I pledged to maintain the decorum of primary wing. I am assigned with certain responsibilities and will try my best to fulfil them to meet the desired expectations. I along with the whole student council will always be ready for any task or challenge. I stand here as a leader not just to lead the students but to work in collaboration with each one of them to achieve the best for our school. I promise to work hard with all my zeal, devotion, and determination.



AKSHIT GUPTA
HEAD BOY



JIYA ARYA
HEAD GIRL

Becoming the Head Girl of the Primary Wing was indeed a new experience for me. I felt very proud that my teachers and coordinator ma'am trusted me to undertake such a big responsibility. Now, I am a part of the Junior Council and my utmost duty is to implement disciplinary duties within the school premises. According to me discipline is the essence of school life. I will try hard to achieve it to the best of my abilities. Working on the holistic development of students is the need of the hour. I feel blessed and honored being selected as the head girl of the Primary Wing and will try not to leave any stone unturned in performing my duties.

BUDDING AUTHORS

An alien ship lands in school during Maths period

Once upon a time, an alien ship landed in school during Maths period. Aliens came here to see how developed humans have become? They told us the ways by which we can evolve our technology and can make our Earth green. They became our good friends too!

When I was going back from the school, I saw some big footprints in the school garden. I called the leader of the aliens named 20010. He told me that these footprints are of 30214.

He told me that 30214 is very different from other aliens since childhood. 30214 has only one dream to rule the whole universe. He is very rude since childhood.

20010 told me and my friends named Ahaan and Aryan that we are the most skilled fighters in the world and can defeat 30214 because we can see the future. He told us that 30214 has three fears named fire, dark magic and light.

He gave us separate armours and swords. He gave the fire armour, sword and magical attacks to Aryan. The dark magic armour sword and magical attacks to me. The light armour, sword and magical attacks to Ahaan. We were trained by them with our new armours, swords and magical attacks.

At last 20010 teleported us to 30214's base. We fought with 30214 in outer space and we defeated him. We saved humanity with the help of aliens.



NEIL RAINA
CLASS 5TH B

The Failed Science Invention

Once upon a time, there was a scientist. He was working on new kinds of chemicals and innovations. One of his invention was the walking mannequin, it was like a model. He also prepared an acid called the burning acid. He made it so that when people go for camping, they can use it for cooking food. But little did he know that it will be used for a completely different purpose. He was very excited for the invention to be completed. He also hired some people to make advertisements. He completed the invention. He started selling it in the market. People at first, thought it is very useful and easy to use. Once, some people went for camping in the deep forests and used it to light up the fire. But after sometime, the acid started to spread all around them and burned the whole jungle. 15 people died. People said that the burning acid was very dangerous and the government should ban it. The scientist was worried and when he was interviewed, he said to the families of the dead people that he will fix it. But in real, he was scared to do anything with it. After thinking for a month, he thought of an amazing idea. He came back on the television and said, "You all can also use it for self defence. It is perfect to use it in that way." He converted it into a much secured bottle spray. His idea actually worked and many lives were saved. Hence, the gangsters died and innocent peoples' lives were saved. People carried them everywhere and gangsters were afraid of this invention. Even famous people started using them. One day, the chemical to make the acid was finished. Everyone was worried and preferred not to go out of their houses. The scientist tried to find it. He said to everyone that there is nothing to be worried about and they can come out of their houses. Then he invented the pepper spray which had all the different kinds of spices in it. People were scared of this because his last invention was a disaster. He put the pepper spray also in a secured bottle. The world was happy once again until his next invention came, the walking mannequin. Many stylists were using them as models and at first it was causing no harm. But one day, the system was disturbed and the mannequins started working on their own. Even the scientist couldn't control them. He had to switch off the system but there were so many robots in the room. He luckily had his main tablet so that he can switch them off. Everyone was angry with him so he apologized and said that he will retire from his profession in a week.



AAKSHAYNI SINGH
CLASS - 5-E



BUDDING AUTHORS



MADHAV SHARMA
CLASS-IV B

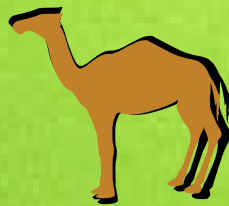


The tourist place which I like the most is Goa. It is the smallest state in the country and its capital is Panjim. People speak "Konkani" language here. It is situated between Maharashtra and Karnataka. It is in the coastal region of India. Many cultures are followed here which make it so attractive. There is a mix of Hindu, Islamic and French cultures in Goa. Many festivals are celebrated here. "Sunburn Festival" is one of the famous festivals of Goa. Dolphin show is organised here and people go by boat to see dolphins. There are many beaches in Goa. There are palm trees and white sand on the beaches of Goa. Some beaches also have hills. It attracts many tourists who visit this beautiful state every year for its scenic view. Fishing and Coconut cultivation are major economic activities in Goa. I love Goa very much!

Alwar is my favourite city and is a famous tourist place. It is situated in Rajasthan. It is 180 km away from my house and my grandmother also lives there. I like this place because of its greenery and Aravalli hills. It has a wild life sanctuary called Sariska and has many forts, palaces, like Sili Serh, Bala Kila, etc. Sariska has many birds and animals like peahen, peacock, snakes, etc. It is a safe zone for animals and specially for tigers. Alwar is a famous shopping destination also. I love it very much. It is the best place for me in the world. I have been there many times. Many people visit Alwar every year because of its beautiful palaces and forts. The city has a scenic view and many types of food items are available here. So, I think those who have not visited yet, should visit Alwar once in their lifetime.



PRAKHAR BANSAL
CLASS-IV-D



PRATYUSHA SHAHI
CLASS V E



India is one of the most popular tourist places in the world. The enchanting backwaters, hill stations and landscapes make it a beautiful country. India offers a wide array of places to see. I have visited many places but the place which is very close to my heart is Shimla. Shimla is a beautiful hill station in the lap of Himachal Pradesh. The silence and the serenity of this place, I liked the most. Shimla is known as the "Queen of Hills" for its beauty. The town is famous for its pleasant walking experiences surrounded by pine and oak trees. Shimla is surrounded by the green hills with snow-capped peaks. It also attracts tourists from all over the world. I visited Shimla with my family last winter. It touched my heart because of its beauty and peaceful environment. June and July are the best months to visit Shimla.

The tourist place I like the most is Kerala. Kerala is also known as "God's own country". Kerala has a pleasant climate and lush green vegetation which soothers one's mind. Kerala is famous for its beautiful beaches, museums, temples and most importantly, its backwaters. The backwaters of Kerala steal everyone's heart. We can also stay in house boats which create an unforgettable experience. Munnar is a very beautiful hill station and one of the best places to visit in Kerala. It has a very pleasant weather, one can experience adventure activities also. Lush sprawling tea and aromatic spice plantations, lovely lakes and mountain streams make it a wonderful destination. The Kumarakom bird sanctuary in Kumarakom is one of the best bird watching spots in India. Fort Kochi is one of the oldest forts of Kerala.



BY SARAH FATIMAH
V-D



DRAWING THE DESIRE



NAME-HARSHIKA CLASS-3
♥ I like to visit India Gate again and again
♥ Because there is National War Memorial and Amar Jawan Janti which is

HARSHIKA III-C

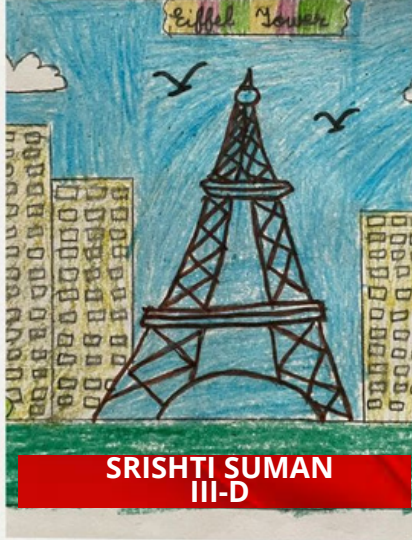


SARVATRA YADAV IV-D



MEGHA SHARMA III - E

nan RN-36 Class -3D



SRISHTI SUMAN III-D



gi Class: III Sec: A
AISHANI TYAGI III-A



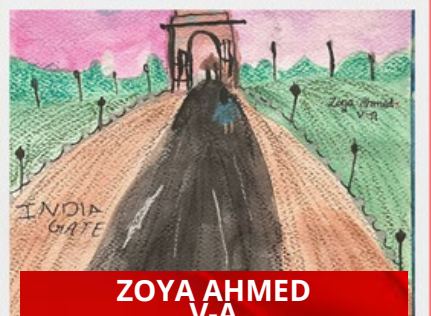
DHAIRYA III-B



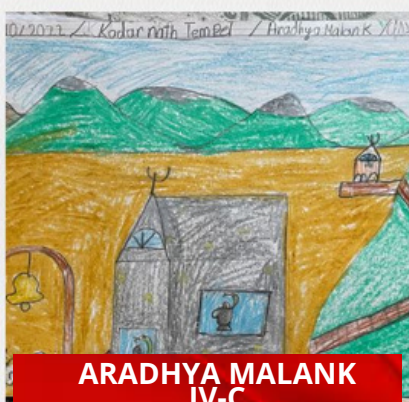
Name: Yatharth Singh Adhikari Class: V-C
YATHARTH SINGH ADHIKARI V-C



Name: Karnik Jha Class: 5th
KARNIK JHA V-E



Zoya Ahmed V-A
ZOYA AHMED V-A



Aradhya Malank IV-C
ARADHYA MALANK IV-C



Kaashvi Jain IV-E
KAASHVI JAIN IV-E



AKSHAINIE V-D

JUST DESSERTS

MOONG DAL BURFI



MEGHA MEHRA

Ingredients:

- 1 cup Moong Dal ground into fine powder
- 1 cup Ghee / Clarified Butter
- 1 cup Powdered sugar
- 1 tsp Cardamom Powder
- 1 cup Khoya
- ½ cup Pistachios - blanched
- Silver leaf sheets for garnishing

Method:

1. Take a heavy bottom pan, add ghee and then add moong dal flour into it, roast it on low flame till it is golden brown in colour. Once it reaches its desired colour and texture, turn off the flame.
2. Stir continuously at this stage and allow it to cool down for a while.
3. Then add powdered sugar and cardamom powder. Once the sugar melts in the mixture, add khoya and mix everything well together. After a few minutes the khoya also melts in the mixture and the moong dal barfi mixture is ready.
4. Now take a rectangular tray, grease it with ghee and put the mixture into it. Press and set it so that it takes the shape of the tray.
5. Spread pistachios on the top of it and garnish it with silver leaves.
6. Now refrigerate it till it's completely set. After few hours, take out the tray from refrigerator, cut it into square pieces and serve. Enjoy !!!

SANDESH – A LOVE FROM BENGAL



ANTARA CHATTOPADHYAYA



Ingredients:

- Milk-2 litres (full cream)
- Lemon juice 3 tbsp
- Powdered Sugar - half a cup
- Cardamom powder- ¼ tsp
- Dry fruits as per your choice (optional)

Method:

1. Boil 2 litres of milk and stir occasionally . Switch off the flame and let it cool down for a while . Then add the lemon juice and mix it well . Soft milk curdles will form.
2. Drain the curdled milk using a muslin cloth . Rinse well with cold water for 2-3 times. Squeeze the water and knead it for 5-6 mins.
3. Mash it well for another 5-6 mins. with fingers for a soft and smooth dough . Add powdered sugar and mix it again for 5 mins.
4. Transfer the mix to a non-stick pan and cook for 4- 5 mins. on a low flame. Do not overcook.
5. Pour the mix in a plate, add cardamom powder and make the balls in the desired shape. Your 'Sandesh' is ready. Decorate it with raisins /tutti frutti/ Cashews etc. and serve.

THE RIGHT NOTE



राखी जैन

भारत माता की पुकार

भारत माता पूछ रही है अपने प्रिय संतानों से
क्या तुम डरकर जीना चाहते मुट्ठीभर शैतानों से।
वीर शिवा की गौरव गाथा क्या तुमको अब याद नहीं
भुला दिया राणा को तुमने यह तो अच्छी बात नहीं॥

भूल गए हो पुरखों की तुम जीवित अमर कहानी को
कैसे भुला दिया तुम सबने झाँसी वाली रानी को।
चंद्रशेखर की अंतिम गोली को भी क्या तुम भूल गए
सुखदेव भगत को याद करो जो हँसकर फाँसी झूल गए॥

कैसे कैसे कैसे तुमने उधम सिंह को भुला दिया
जिसने अपना बदला लेकर पूरा लंदन हिला दिया।
दिल्ली चलो... भई दिल्ली चलो के नारों को भी भूल गए
आजादी से पहले के बँटवारे को भी भूल गए॥

भूल गए क्या जिन्ना को डायर शैतानी याद नहीं
भुला दिया राणा को तुमने यह तो अच्छी बात नहीं।
कदम कदम पर केवल अब तो मजहब वाला दंगा है।
आस्तीन के साँपों से ही भारत माँ शर्मिदा है॥

देश उदासीन हो बैठा तो नाश वतन का पक्का है
अपनी प्यारी बगिया से ही नाश चमन का पक्का है।
कहे कवि यूँ भारत माँ के वीरों का गुणगान करो
जिसने शीश किया है समर्पित उन सबका सम्मान करो॥
उन सबका सम्मान करो॥॥



RASHI TRIKHA



SHYAMASREE BASU



रेणुका यादव

उम्मीद रख तू

हुआ सवेरा अब जाग तू,
हटा अंधेरों के आवरण को
अपने आलस को त्याग तू,
नई आशा और उम्मीद को साथ रख,
हर समस्या की बेड़ियों को काट तू,
चल उठ और महसूस कर,
अपने आसपास की खूबसूरती को,
लोगों की भीड़ में मत भाग तू,
मत हो निराश अपनी असफलताओं से,
इसको सीढ़ी बनाकर आगे बढ़ जा तू,
अपने अंतर्मन की ऊर्जा को पहचान,
और दुनिया को अपने अनुरूप ढाल तू,
हुआ सवेरा अब जाग तू।

NECESSITY TO LEARN A FOREIGN LANGUAGE :

In this competitive world, learning a foreign language adds another string to one's bow. It opens many new doors in one's life. The ability to communicate in multiple languages is becoming more and more important in the increasingly integrated global business community. Language is a key aspect for children to set up for success in their future professional endeavors. Learning a foreign language creates more positive attitude and less prejudice towards people who are different. Language improves one's cognitive skills. Studying a foreign language helps the brain in many ways. It allows to make connection faster. Language skills make people smarter and better. It increases the skills like problem-solving, dealing with abstract concepts. It also makes us familiar with different cultures and helps us to gain a profound understanding of our own culture. I believe, inability to speak a foreign language is a disability in this modern world.

Life itself is a festival

Dictionary defines festival as a day or time when people celebrate something (especially a religious event). The nation celebrates national festivals, people celebrate different occasions as festivals as these help in breaking the monotony of life.

But can a festival be really defined!

Life is a collection of events, some preplanned to be celebrated, some we create for ourselves, reinforced by the special emotions that they make us feel.

It is like a map, holding flags of important destinations, we journey through life going from event to event, flagging the special ones by celebrating them.

As it is in the homecoming of a soldier returning from war---- the loved ones show their happiness by celebrating his presence, as tomorrow may not always be promised for them---a harsh reality that's accepted by all.

Achievement after a long hard work brings a deep sense of satisfaction and fulfillment----that becomes a festival in one's life.

Festivals, are for the most part, the celebration of an event that is perceived to be something worth remembering, hence something that we are in gratitude for. We store that event in time by joyously spending the day. So why not find something to be grateful about everyday?

The fact that a gone day never comes back is a special event in itself. So living life to the fullest everyday or "kingsized" (as the saying goes) is something that should be striven for by all.

Let us make life itself a festival appreciating every moment and without getting attached to any outcome.

"Que Sera Sera -----whatever will be will be.

EDITOR'S NOTE

Redefining the role of the teacher: It's a multifaceted profession

"Better than a thousand days of diligent study is one day with a great teacher"

As the nuances of societies have changed so the role of a teacher, which has undergone a radical change in this twenty-first century. The teaching methodology has changed the student-teacher relationship . Teaching has become more challenging in this tech-savvy world where the teacher has to adapt and make herself relevant to changing circumstances. A teacher in the twenty-first century must be: a digital teacher, resource provider, planner for careers, digital instructor for different ways of learning, teaching- learning facilitator, technology lover etc. The role of a teacher surpassed the conventional thinking that a teacher only educates students. Today, they keep educating and mentoring students along with giving them practical knowledge.

Lastly ,I would like to quote that - Education is not the filling of a pot but the lighting of fire .



KAJAL KHANDUJA

BITS AND BYTES

SCIENCE FACTS

1. To travel to the Sun from the Moon on a regular plane, you have to fly for 20 years.
2. It takes two years for a pineapple to grow and fully mature.
3. A teaspoon of soil may contain up to hundred million bacteria.
4. The human eye can see over 10 million colours and differentiate between them.
5. The first dinosaur, to be formally named, was the Megalosaurus back in 1824.
6. Grasshoppers hear from their bellies.
7. Infrared cameras don't really work on polar bears.
8. A flea can accelerate faster than a space shuttle.
9. Each person sheds 40 lbs of skin in his / her lifetime.
10. One in every 2000 babies, is born with a tooth.
11. A single bolt of lightning contains enough energy to cook 1,00,000 pieces of toast.
12. Human saliva contains a painkiller called Opiorphin that is six times more powerful than Morphine.



SANJANA GARG



MAUSUMI CHATTOPADHYAYA

FACTS ABOUT NUMBERS

0. Number ZERO has no symbol in Roman system of numeration.
1. Number ONE is neither composite nor prime, its a unique number.
2. Number TWO is called the "oddest prime" because it is the only even prime number.
3. Number THREE is considered as number of time i.e. past, present, future
4. Number FOUR is the only number which is the sum and product of number 2 by itself. ($2+2 = 4 = 2 \times 2$)
5. Number FIVE is the only prime number that is the sum of two consecutive prime numbers i.e. 2 and 3. It is also known as a good prime number.
6. Number SIX is considered as perfect number as it is the sum of its factors (i.e. $1+2+3 = 6$)
7. Number SEVEN is considered as a lucky number. As there are seven wonders in the world, seven notes on musical scale, seven colours in rainbow etc.
8. Number EIGHT is neither prime nor semi-prime number.
9. Number NINE is called the magic number because the sum of the digits of the multiples of 9 is always 9. ($9 \times 2 = 18$, and $1+8 = 9$)
10. Number TEN is the base of metric system. All units of measurement are divisible by 10.

दीपावली पर्व से जुड़े कुछ रोचक तथ्य

भारतवर्ष विश्व का एक ऐसा देश हैं जहाँ की संस्कृति और सभ्यता का इतिहास बहुत ही सुंदर और स्वर्णिम रहा है । हमारे वेद ,पुराण और हमारे पर्व भी हमें हमेशा से ही गौरवान्वित महसूस कराते रहें हैं ।

दीपावली पर्व भी एक ऐसा ही पर्व है जो हमारे महान् ग्रंथ रामायण के प्रसंगों पर आधारित है ।

दीपावली पर्व मनाने के पीछे भी अनेक मान्यताओं को माना जाता हैं और अनेकों प्रसंगों पर आधारित तथ्यों को भी जानने का अवसर मिलता है । अलग- अलग राज्यों में अलग - अलग तरीके से यह पर्व मनाया जाता है दीपावली पर्व से जुड़े कुछ रोचक तथ्य -

१ - दीपावली का पर्व सिर्फ भारत में ही नहीं बल्कि नेपाल , मलेशिया और इंडोनेशिया आदि अनेक देशों में भी बड़ी धूमधाम से मनाया जाता है ।

२ - उत्तराखंड राज्य में यह पर्व लगभग ११ दिनों से एक महीने तक मनाया जाता है ।

उत्तराखंड में दीपावली पर्व को बगवाल नाम से जाना जाता है । कार्तिक मास की पूर्णिमा को इस पर्व का समापन किया जाता है ।

३ - कार्तिक मास की अमावस्या को ही सन १५७७ में स्वर्ण मंदिर की आधारशिला रखी गई थी ।

पर्वों को मनाने के पीछे मान्यता कोई भी हो लेकिन पर्व सचमुच हमारे जीवन में उमंग भर देते हैं ।

४ - भारतवर्ष में दीपावली पर्व के दिन से ही कई राज्यों में नववर्ष का आरंभ हो जाता है । जैसे गुजरात आदि में ।



लता बनकोटी



PARENTS TESTIMONIALS



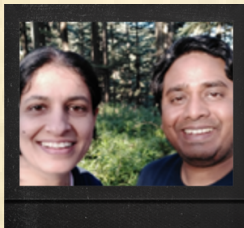
**MR. KARAN SHARMA
MS. SAVITA SHARMA**

The school is a place where a child learns to develop skills but at St. Teresa I have seen my child not just learning but getting those skills inculcated and giving them final interpretation. The ambience of the school is warm and learner-friendly. The teaching staff is very cooperative. Thanks for everything



**MR. AMITOJ CAUR
MS. RUPINDER SINGH**

My daughter, Mehar, has been in St Teresa School for more than 4 years now and I have only great things to say about the school. She absolutely loves her school and teachers as well. The school integrates compassion in the teaching and emphasizes on the importance of values, communication, public speaking and leadership skills. St. Teresa brings out the best in every child by tapping into their individual strengths. Modifications are always made as per the individual needs. During the pandemic too, the school made sure that the learning of the students should not hamper. In all, St Teresa has made education a very positive experience for our family.



**MR. RAKESH ROSHAN
MS. DEEPALI ROSHAN**

We have many great things to write about our experience with the teachers and the other school staff. The school did well during pandemic and set an example of great learning experience even at home via online classes. The students had regular classes along with extra-curricular activities, exhibitions, Olympiad exams etc in the past two years. They didn't miss even a single opportunity of learning that they might have got while taking offline classes.

Post pandemic, teachers are well prepared about how to mould their students in the school routine and engage them in offline classes. They are passionate about their students' learning and encourage their students to raise as many doubts as they have, to achieve laurels in their academics and in their life too.

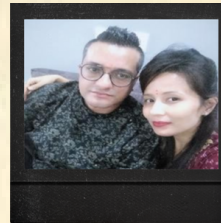
Kudos to the St Teresa staff for their never say no attitude.



**MR. AJAY KUMAR
MS. DEEPMALA SINGH**

We would like to express our gratitude towards St. Teresa School for all the efforts it puts in for the students. My daughter Sharan Srivastava is studying in class 2. My child had some ups and down in beginning when she joined the school after Covid but the teachers' support helped her a lot. She loves coming to school everyday and enjoys all the activities. She has improved in both reading and writing.

I am grateful to school for helping my daughter to improve her learning and boost her confidence.



**MR. ABHISHEK KHANNA
MS. RITU KHANNA**

My daughter has been studying here from past 4 years. The school management is very cooperative and easy to reach. I would really like to thank all the teachers for being so supportive towards my daughter. The school offers a great balance between the academics and extra-curricular activities. I am really happy with the individual attention being provided by all the teachers. I am very satisfied with the overall progress of my child.

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